



PEP SHEET

Fake it 'til you make it

When did you last move out of your comfort zone to do something you didn't feel entirely ready to do? How did it go? How did you feel about it?

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Can you think of times when you avoided to do something because you didn't feel 100% ready, and at hence sight, perhaps you should have given it a go?

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What opportunities do you have in the next coming days or weeks to “fake it” a little by acting “as if”, leaving your comfort zone and trust that you will make it?

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How can you boost friends, colleagues, and other cool women you know to leave their comfort zone more often?

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Other reflections:

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